

Disaster Supply Kit



REMEMBER:

- ▶ Store in a backpack, wheeled suitcase, or other portable container in an easy-access location, as near as possible to an exit
- ▶ Have a separate kit for each family member
- ▶ Items susceptible to water damage should be in plastic bags
- ▶ Check kit twice a year and replace items that have expired or don't work

Cover all 12 Areas of Emergency Preparedness in your disaster supply kits.

ADD ADDITIONAL ITEMS IN KITS TO FIT INDIVIDUAL NEEDS

1) Shelter, Clothing, & Fire

- ☐ Waterproof poncho
- ☐ Emergency reflective blanket
- ☐ Wool or fleece blanket or camping sleeping bag
- ☐ Tent or tarp with stakes
- ☐ Clothing for warm/cold weather
- ☐ Extra socks and underwear
- ☐ Hat with brim and/or bandanna
- ☐ Windproof/waterproof matches
- ☐ Alternate fire-starters
- ☐ Hand and body warmer packets

2) Water

- ☐ 1 gallon of water
- ☐ Refillable water container
- ☐ Water tablets and/or filter

3) Food

- ☐ 3 day supply of ready-to-eat, nonperishable food
- ☐ Hard candies

4) Hygiene & Sanitation

- ☐ Personal hygiene kit: soap, toothbrush, toothpaste, comb, toilet tissue, feminine items, razor, lip balm, wash cloth, etc.
- ☐ Garbage bags
- ☐ Hand sanitizer
- ☐ Baby wipes

- ☐ Zip-style baggies
- ☐ Camp/signal mirror

5) Light & Power

- ☐ Flashlight
- ☐ Batteries
- ☐ Light sticks

6) First Aid

- ☐ First aid kit: Adhesive bandages, rolled gauze and pads, antibiotic cream, disposable gloves, burn gel, antiseptic towelettes, tweezers, triangle bandage, etc.
- ☐ First aid instruction booklet
- ☐ Personal medications
- ☐ Scissors and sewing kit
- ☐ Insect repellent
- ☐ Sunblock

7) Communication

- ☐ Multi-power AM/FM radio
- ☐ Notepad and pencil
- ☐ Plastic whistle with neck cord
- ☐ Extra mobile phone charger

8) Safety & Security

- ☐ Work gloves
- ☐ N-95 mask
- ☐ Mace/pepper spray
- ☐ Spare house/car keys

9) Tools & Personal Items

- ☐ Extra glasses or contacts
- ☐ Multifunction pocket knife
- ☐ Knife sharpener
- ☐ Duct tape and 50-ft nylon rope
- ☐ Stress relief: book, game, etc.
- ☐ Religious items

10) Cooking

- ☐ Camp cup, plate, and utensils
- ☐ Lightweight stove and fuel
- ☐ Paper towels
- ☐ Can opener (may be on knife)

11) Documents & Money

- ☐ Copies of: emergency plan, birth certificates, marriage license, will, insurance info, financial info, vehicle title, family photos, ID, emergency contact list, etc.
- ☐ Minimum 5 days cash in small bills for fuel, food, lodging, etc.

12) Transportation & Navigation

- ☐ Sturdy walking shoes or boots
- ☐ Compass or GPS
- ☐ Wagon, stroller, cane, or wheelchair as needed
- ☐ Local map

Access additional brochures
at the Be Ready Utah Library



Infant and Child Disaster Supply Kit

Infant and child emergency kits need to be different from adult kits. For 0 to 2 years, kits need to be updated every 2 to 3 months. This can be in addition to what is already in a diaper bag. Children's clothing should be one size larger than they are currently wearing.

Choose age and ability appropriate infant/child kit items from the disaster supply kit list on the front page. Add other items according to the child's specific needs from the list below.



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|---|---|
| ☐ 5 days of disposable diapers | ☐ Disposable nursing pads |
| ☐ Baby wipes | ☐ Pacifiers |
| ☐ Baby powder and diaper cream | ☐ Teething gel or tablets |
| ☐ Changing pad | ☐ Infant/child vitamins |
| ☐ Water and infant formula | ☐ Infant/child medications |
| ☐ Baby bottle and extra nipples | ☐ Fleece pajamas with feet |
| ☐ Baby food pouches, not bottles | ☐ 3 to 4 changes of clothing |
| ☐ Sippy cup, spoon, and bib | ☐ Favorite toy or blanket |
| ☐ Toddler snacks | ☐ Child ID in clothing for if separated from parents |
| ☐ Bottle and nipple brush | ☐ Diaper bag |
| ☐ Burp rags | |

Pet Disaster Supply Kit

Pets are part of the family and need to have their own disaster supply kits including basic food, water, and shelter as well. All too often in disasters, pets are forgotten or left behind to fend for themselves. This is dangerous for the pets and for anyone they may encounter.

Remember your pets' unique needs when assembling their kits. Be aware that for health reasons, most human shelters will not allow animals, other than licensed service animals.



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| ☐ Kennel, cage, or carrier | ☐ Flea and tick repellent |
| ☐ Blanket | ☐ Leash |
| ☐ 5 days of water and pet food | ☐ Pet cold weather clothing |
| ☐ Collapsible food/water bowl | ☐ Pet toys |
| ☐ Pet waste bags | ☐ Can opener |
| ☐ Kitty litter/box and scoop | ☐ Vaccination/medical records |
| ☐ Pet first aid kit | ☐ License/adoption records |
| ☐ Pet medicine and medications | ☐ Collar ID |